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CHRISTINE BLASEY FORD TO PUBLISH BOOK WITH ST. MARTIN'S PRESS ON MARCH 19, 2024 ONE WAY BACK: A MEMOIR



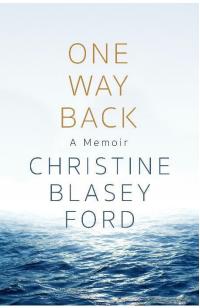


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(NEW YORK, NY – September 13, 2023) – Christine Blasey Ford will publish a book entitled **ONE WAY BACK: A Memoir** with St. Martin's Press on March 19, 2024, it was announced today by Jennifer Enderlin, President and Publisher of The St. Martin's Publishing Group. North American publishing rights were acquired by St. Martin's Press Executive Editor Elisabeth Dyssegaard from Emma Parry of Janklow & Nesbit Associates, who represents the author. The book will be available in hardcover, ebook, and audio formats.

On September 27, 2018, Christine Blasey Ford testified before the Senate Judiciary Committee which was considering the nomination of Judge Brett Kavanaugh to the United States Supreme Court. In moving and historic testimony, she detailed an alleged sexual assault by the Supreme Court nominee that took place at a high school party in the 1980s. Her words and courage on that day provided some of the most credible and unforgettable testimony our country has ever witnessed on television.

In her book, Ford recounts the months she spent trying to get information into the right hands without exposing herself and her family to dangerous backlash. Drawing parallels to her life as a surfer, she explains the process of paddling out into unknown waters and despite the risks and fears, knowing there is only way back to shore. The book reveals riveting new details about the leadup to her testimony and its

overwhelming aftermath and describes how she continues to navigate her way out of the storm. Ford shares how people unknown to her around the world restored her faith in humanity; why young people give her hope for the future; and the importance of truth and integrity transcending political lines. This is the real story behind the headlines and the soundbites, a complex, page turning memoir of a scientist, a surfer, a mother, a patriot and an unlikely whistleblower. Ford's experience helps us understand that when one person steps forward to speak truth to power, she adds to a collective whole, a greater wave of progress and change.

Christine Blasey Ford says, "I never thought of myself as a survivor, a whistleblower, or an activist before the events in 2018. But now, what I and this book can offer is a call to all the other people who might not have chosen those roles for themselves, but who choose to do what's right. Sometimes you don't speak out because you are a natural disrupter. You do it to cause a ripple that might one day become a wave."

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About the Author

Christine Blasey Ford is a professor of psychology at Palo Alto University and a clinical professor and consulting biostatistician at the Stanford University School of Medicine. She holds a bachelor's degree in Psychology from the University of North Carolina, a master's degree in Clinical Psychology from Pepperdine University, a master's degree in Epidemiology from the Stanford University School of Medicine, and a PhD in Counseling Psychology from the University of Southern California. Ford has co-authored and provided statistical data analysis for many academic journal articles within her field.

After her testimony in front of the Senate Judiciary Committee regarding Brett Kavanaugh's nomination, *The Atlantic* wrote that Ford "showed what American politics might look like if Americans truly saw the people our society usually silences and grinds underfoot." Anita Hill said of her testimony, "I was engrossed.... what I heard in Ford's voice and choice of words was a commitment to tell the truth." *Time* magazine included Ford on its shortlist for Person of the Year in 2018. In 2019, she was named one of the 100 most influential people in *Time* 100, nominated by then-Senator Kamala Harris. In 2019, the Association for Women in Psychology established the Christine Blasey Ford Woman of Courage Award with Ford as the inaugural recipient, and was awarded the Roger Baldwin Courage Award by the ACLU.

About the Book

ONE WAY BACK: A Memoir By Christine Blasey Ford Published by St. Martin's Press Publication Date: March 19, 2024 Hardcover 9781250289650; \$30.00 Ebook 9781250289667; \$14.99 Digital Audio 9781250358455; \$26.99

High Res author photo and book jacket available upon request.

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